**Student-Evaluation of Sports Mentorship Experience**

**Complete all pages and submit in the class portal.**

**Name:** Alex Holley

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**Organization:** Tiffin University – School of Arts & Sciences – Adjunct Professor

**Mentor’s Name:** Ana Paula Fantini

**Mentor’s Title:** oversees and teaches the major in Exercise Science for the School of Arts & Sciences

**Mentor’s E-Mail:** fantiniap@tiffin.edu

**Semester** □ **Fall** x **Spr** □ **Smr**

Please evaluate your performance thus far on each of the following dimensions:

**Very Poor Average Good Very Non**

**Poor Good Applicable**

**Initiative 1 2 3 4 5 0**

**Appearance 1 2 3 4 5 0**

**Dependability 1 2 3 4 5 0**

**Motivation 1 2 3 4 5 0**

**Writing skills 1 2 3 4 5 0**

**Organizational skills 1 2 3 4 5 0**

**Verbal communication 1 2 3 4 5 0**

**Computer skills 1 2 3 4 5 0**

**Human relations 1 2 3 4 5 0**

**Ability to learn quickly 1 2 3 4 5 0**

**Industry knowledge 1 2 3 4 5 0**

**Leadership skills 1 2 3 4 5 0**

**Ability to accept**

**constructive criticism 1 2 3 4 5 0**

STUDENT’S END OF PROJECT/PROGRAM EVALUATION

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| SELF-EVALUATION: As mentioned before, the objective of this mentorship is to provide you as a student with meaningful work assignments in a professional career field. Please use the following scale to rate your work experience:  **1 = Unsatisfactory 2 = Marginal 3 = Average 4 = Above Ave. 5 = Outstanding NA = Not applicable** |
| Ability to Learn: Clarity of directions from supervisor and other key persons.  □ **1** □ **2** □ **3** x **4** □ **5** |
| Quality of Work: Quality of assignments given to you and **did you meet the objectives.**  □ **1** □ **2** □ **3** x **4** □ **5** |
| Quantity of Work: Volume of work assigned to you.  □ **1** □ **2** x **3** □ **4** □ **5** |
| Communication: Ease of communication with supervisor and other key persons.  □ **1** □ **2** □ **3** x **4** □ **5** |
| Relationship with others: Acceptance by co-workers at the mentorship site.  □ **1** □ **2** □ **3** □ **4** x **5** |
| Attitude-Application to Work: How interesting and challenging was this mentorship?  □ **1** □ **2** □ **3** x **4** □ **5** |
| Planning & Dependability: How effective were you in planning & coordinating your work, even in the absence of direct supervision?  □ **1** □ **2** x **3** □ **4** □ **5** |
| Judgment: Opportunity to analyze problems and make appropriate recommendations.  □ **1** □ **2** x **3** □ **4** □ **5** □ **NA** |
| Attendance: Your attendance to the established work schedule, or in keeping regular communication with key contact.  □ **1** □ **2** □ **3** □ **4** x **5** |
| Overall Performance: Overall rating of your mentorship experience.  □ **1** □ **2** □ **3** x **4** □ **5** |
| Was this a fulfilling mentorship experience and one that will help with your career preparation? x Yes □ No |
| Was there an opportunity for the business to offer you a full or part-time job? x Yes □ No |
| Would you be willing to recommend this type of project or program to others? x Yes □ No |
| If this was a paid project, how much were your paid? $\_\_\_\_\_\_\_ per hour, or $2,000\_\_\_\_\_\_\_\_ stipend paid at the conclusion. |
| Comments:  This was a very exciting and interesting mentorship to say the least. I accepted this position very last minute and it came with some great challenges but as I commented to Dr. Fantini when accepting the position, I enjoy good challenges. I felt like I worked well through the mentorship and managing my time to ensure that the class ran smoothly, and the students were presented with the information of the course in a professional way.  There were certainly some things I would go back and do differently but overall, I thought it went well. As I worked through the semester, I would like to be more organized with some of the information, but I believe that will come with time now that I know what this style of work looks like.  I believed I lived up to the challenge and would be interested in continuing to expand my horizons beyond being a coach and this is one are, being a professor, that I could see that happening. |

STUDENT’S GENERAL ASSSESSMENT:

1. What strengths did you bring to the organization?

I believe I brought a great attitude to the organization each day. Though I have not taught a lectured course before, I believe this style of class suited me well because the material was consumed with what I do in my current profession and this allowed for me to bring great passion throughout the semester. I thought I also communicated with the students and my mentor at a high level.

1. In what areas do you feel you need further development?

I feel like I need to be more organized. Although I took this position at the last minute, as I look back, I would like to be more organized. Understanding that my hands were sort of tied, there are certainly some things that I would go back and do differently in order to be more organized in this field of work.

1. How do you plan to further develop your performance in this area?

Overall, it would take me getting more familiar in this area of work. This is something that is fairly new to me. I have taught courses prior to this but they were active and exercises courses. I believe becoming more familiar with how the system works and certain aspects within the system will only make it more comfortable and exciting as I move forward. I believe I am a quick learner so some of these things would progress quickly.

1. Were you satisfied with your mentorship? Yes \_\_X\_\_\_   No \_\_\_\_\_\_

If not, why not?

1. Are you familiar with the mission, organizational structure, functions and purposes of organization?

Yes \_\_X\_\_   No  \_\_\_\_\_

1. To what extent did your duties relate to your academic background?

Not at all \_\_\_\_\_   Somewhat  \_\_X\_\_ A great deal \_\_\_\_\_ 

1. Do you feel that you, as a trainee, you make an important contribution to the agency?

Yes \_\_\_X\_\_\_   No  \_\_\_\_\_

1. Did you or are you experiencing any problems as a result of your field training?

Yes \_\_\_X\_\_\_   No  \_\_\_\_\_   If so, please explain.  

1. Do you feel free to discuss any problems with your agency supervisor? Yes \_X\_   No \_\_\_\_\_
2. Do you feel you have been treated as a professional?

Yes \_\_\_X\_\_\_   No \_\_\_\_\_\_

1. Were you allowed to make decisions on your own?

Yes \_\_\_X\_\_\_   No \_\_\_\_\_\_

1. Would you recommend mentorship relationship to other students?

Yes \_\_\_X\_\_\_   No \_\_\_\_\_\_ 

1. Was the university supervision you received adequate? (*Explain).*

Yes \_\_\_X\_\_\_   No \_\_\_\_\_\_

Bonnie Teal was absolutely amazing through this entire process. As I mentioned to a fellow grad student who was working with Dr. Tiell as well, I commented, “Bonnie is absolutely ELECTRIC!” She was very helpful and provided a great amount of information and resources throughout the process. She was very challenging at times but in a good way and this really opened my eyes to the opportunity that was presented to me with the mentorship and more and helped me really push myself.

1. What could have been given more emphasis during your orientation of the mentorship experience at your selected sport organization?

Personally, I believe it was laid out well. For my sake, I would just look for more time to prep for my situation. Understanding that things happened rapidly and moves needed to be made and I was available and willing to step into this role but just to be more prepared coming in for that specific mentorship role.

1. How would you assess your performance in the mentorship?

**XExcellent**

**Above average**

**About average**

**Below average**

 

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STUDENT’S RATING OF MENTOR

|  |  |  |
| --- | --- | --- |
| **Qualities of Supervisor** | **How Much of this quality does your supervisor have on a scale? 1-10**  **(1 = very little)**  **(10 = a lot)?** | **Provide examples of your supervisor’s behaviors that illustrate(s) the presence or absence of this quality.** |
| 1) Is Warm and Friendly | 8 | Was very open to conversation and leading me. Very inviting and friendly creating a good professional relationship and trusted me. |
| 2) Is open to new ideas and suggestions | 8 | Dr. Fantini gave me the reins to the course from day one. She allowed for me to organize the class, create new assignments that I think might work etc. |
| 3) Criticizes work in constructive ways. | 7 | There were not many situations where this was present. I believe she trusted me with taking over this course. She was there to give me information and feedback based off what I would share with her to ensure I was going about things the right way. |
| 4) Gives Praise for good work. | 9 | Was very supportive throughout the entire process. Checked in with me multiple times asking how things were going to making sure to leave positive comments on things that I was doing well. |
| 5) Is inspiring | 8 | I believe this goes back to the trust that she instilled into me to take over the course. She also shared what she has done to and with this organization and I wanted to keep that going for her. |
| 6) Teaches subordinates new things. | 8 | Was very helpful in teaching me how the system works. There were a lot of new things that I needed to learn and understand quickly and she provided the time for me to grasp these important details. |
| 7) Treats all workers fairly. | 8 | Had great respect for me and all others that I have seen her work with. |
| 8) Has time for me when needed. | 9 | I was able to connect with Dr. Fantini whenever I needed her. She was an email, text or phone call away at any given time. This was very helpful |
| 9) Always thinks about the goals of the organization. | 10 | Dr. Fantini has done a lot for this organization and she continues to do everything that she can like welcoming me to take of this position to ensure that the organization continues to move forward. |
| 10) Appears to be honest with others. | 9 | Dr. Fantini is very straight forward and means well. She communicates at a high level and makes sure things get done how and when they are suppose to. |

Student Signature \_\_\_\_\_\_Alex Holley\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_4/19/2022\_\_\_\_\_\_